



HEARTS IN  

ACTION

SUMMER CAMP

2022

JULY 4 - AUGUST 26



Hearts in Action Summer Camps

JULY 4 - AUGUST 26

AdaptAbilities summer camps create amazing possibilities for a non-stop summer of fun! We nurture belonging, exploration and fun, while providing a safe camp experience.

Our summer programs are designed for children, youth and young adults with special needs such as:

- Autism
- Down Syndrome
- Fetal Alcohol Spectrum Disorder (FASD)
- Learning Disabilities
- Anxiety Disorder
- Obsessive Compulsive Disorder (OCD)
- Cerebral Palsy
- Tourette's Syndrome
- Attention Deficit Hyperactivity Disorder (ADHD)
- Other special needs

Hearts in Action Summer Pledge



We believe in movement:

All activities are hands on, this is not school! HIA is a place to go outside, get messy, work in a group, ask questions, be safe, and have fun!



We believe in exploration:

We support campers in their curiosity to learn through new experiences in the community.



We believe in purposeful activities:

Whether we are using games, videos, slideshows, field trips, all of our activities have a purpose.



Registration

IN-PERSON CAMPS ARE BACK!

Camp hours are 9 am - 3 pm.

Early drop-off from 7:30 am and late pick-up until 6 pm are available at an additional cost.

TO REGISTER:

1. Fill out the registration form on our website.
2. Pay \$100 deposit and required fees.
3. Come to camp prepared. We can't wait to meet you!



ALL CAMPERS
RECEIVE A FREE
HIA T SHIRT
& SPECIAL GIFT!



NO WORK
ALL
PLAY

What to bring?

- ✓ HAT
- ✓ WATERBOTTLE
- ✓ SUNSCREEN
- ✓ BUG SPRAY
- ✓ LUNCH
- ✓ MEDICATION(S)
- ✓ SWIM GEAR
- ✓ JACKET
- ✓ PERSONAL CARE ITEMS

HIA REGISTRATION: *Register now!*

INTAKE: New to AdaptAbilities? Participants must complete an intake process before registration.

[Please click here to complete our intake process,](#)
or contact our office at **780-431-8446.**

Hearts in Action – Kid's Camp

(AGES 3-14)

Join us for a fun-filled and action-packed summer with amazing weekly themes and activities for all.



WEEK 2: JULY 11 – 15

Space Race

Campers will learn to reach for the stars as we blast off for another interstellar adventure. We will moon-bounce our way through the week, making cosmic creations and learning all about outer space!



WEEK 1: JULY 4 – 8

Aloha Summer

Summer is officially here! We're kicking the week off with luau-themed festivities. Campers will play outdoor games, create their own Hawaiian lei, all while soaking up the sun. Water play and popsicles will be ready to help cool us off!



WEEK 3: JULY 18 – 22

Game On

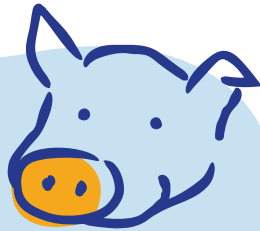
Let the games begin! Board games, sports games, outdoor games, and game shows; you name it, this week we'll play it.

This week is going to be next level fun!



WEEK 4: JULY 25 - 29

Barnyard Bash



We're going hog wild for another week of summer camp! You can find us frolicking in fields and participating in hands-on farm fun, all week long.

WEEK 5: AUGUST 2 - 5

Our One World



This week campers will venture to new destinations each day. Collect stamps on your passport as we travel the world to explore new places, cultures, and food!

WEEK 6: AUGUST 8 - 12

Edible Science



Food is science and science is food! This week we are serving up wacky edible experiments. What happens when baking soda and vinegar mix!? We'll learn all about chemical reactions and kitchen safety while whipping up our own sweet treats.

WEEK 7: AUGUST 15 - 19

Beat the Heat



Whether you love the heat or prefer the snow, this week you don't have to choose! We're playing it cool with a fusion of our favourite summer and winter activities.



WEEK 8: AUGUST 22 - 26

Dinosaur Dig

Calling all dinosaur lovers! Before the summer goes extinct, we will jump back to prehistoric times for a totally Triassic adventure. Campers will hunt for dino eggs, play an exciting game of predator and prey, and even learn all about our very own dinosaurs, the Edmontosaurus and Albertosaurus!



INCLUSION ♥ Camp

(ALL AGES)

This camp builds on our vision of inclusion, one person at a time by focusing on belonging, building friendships and exploring interests. Pick any camp in the community, and AdaptAbilities will provide a dedicated support staff member.

Adventure, Together TEEN CAMP!

(AGES 15-17)

Our Adventure, Together teen camps are a fusion of adventure and personal growth opportunities delivered in a fun, supported environment.

Adventure, Together provides individuals with disabilities the opportunity to make friendships, practice and learn new skills and above all, have a great time all summer long!

Young Adult TRANSITIONS!

(18+)

We support individuals with life and social skills-development as they prepare for adulthood.

Participants enjoy fun, goal-oriented programs, and meaningful days will create opportunities for friendships and personal development.

CAMP LOCATIONS - We'll bring the fun and belonging to you!

- **We offer camps across Edmonton**, in the North, West, South and Central parts of the city.
- **Locations are not guaranteed** and location availability is pending sufficient registration.
- **Not all age groups will be available** in each area of the city.
- **Camp locations will be confirmed** at least one month in advance.





Did You Know?

AdaptAbilities offers
year-round support for families!

This includes after-school care, social
nights, centre or in-home respite,
high school transition, drop-in sensory
gym and more.



ADAPTABILITIES
CREATING SUCCESS FOR LIFE

REGISTER NOW!

adaptabilities.ca

 @adaptabilities

 @AlbertaAdaptAbilitiesAssociation

 @AdaptAbilities