



GRADES 5 & 6  
VOLLEYBALL PROGRAM



Mother d' Youville School is offering a developmental after school volleyball program. The 5/6 Team will play CATCH VOLLEYBALL, which is a modified volleyball game. Students will be taught basic fundamental skills by increasing the number of ball contacts per player, creating longer and more successful rallies, and by developing proper skill delivery through drills. The program will also offer development of game play progressing from modified game play. Most importantly, it will be a fun, friendly atmosphere. Catch volleyball will have separate Boys and Girls teams. Tryouts may take place if numbers are high (a separate tournament team and practice team may be made).

The season will start with tryouts. Below are the details about tryout times and the Division Tournament Date. There will be a fee to play, once the team has been selected more information will be provided. Our fee this year is \$50 and includes an athletic numbered shirt that will be used for all of the elementary sports. If a shirt has already been purchased last year, the fee will be \$30. Please let us know if you are interested in helping out as a parent coach.

TRYOUTS:

*Wed. Sept. 14 + Thurs. Sept. 15*

BOYS TRYOUTS: ~~Thurs. Sept. 8 and Fri. Sept. 9~~ from 7:30-8:30 am

GIRLS TRYOUTS: Mon. Sept 12 and Wed. Sept. 14 from 12:25-12:45 pm (during lunch)

STAR CATCH VOLLEYBALL TOURNAMENT:

When: BOYS: Oct. 21 & 22, GIRLS: Oct. 28 & 29

Where: Father Leduc

COACHES:

BOYS: Mr. Kellen Rubis, [kellen.rubis@starcatholic.ab.ca](mailto:kellen.rubis@starcatholic.ab.ca)

GIRLS: Ms. Kennedy MacDonald, [kennedy.macdonald@starcatholic.ab.ca](mailto:kennedy.macdonald@starcatholic.ab.ca)

Practices will be determined after tryouts after the coaches get to talk to the players about schedules. There will most likely be some exhibition games prior to the final tournament as well. Please sign the permission form for tryouts and return to the school before the tryout dates.

## Permission Slip for 5/6 Catch Volleyball TryOuts 2022

Student Name: \_\_\_\_\_ Homeroom: \_\_\_\_\_

Parental signature: \_\_\_\_\_.

Parent email address: \_\_\_\_\_.

Parent phone number: \_\_\_\_\_.

Child has permission to walk-home after tryout where applicable. Please sign here:

\_\_\_\_\_.

Please return permission forms prior to the tryout dates:

**BOYS TRYOUTS:** Thurs. Sept. 8 and Fri. Sept. 9 from 7:30-8:30 am

**GIRLS TRYOUTS:** Mon. Sept 12 and Wed. Sept. 14 from 12:25-12:45 pm

If you have any questions, please email the coaches or Mrs. Mecke,

[andrea.medcke@starcatholic.ab.ca](mailto:andrea.medcke@starcatholic.ab.ca)