



Grade 5/6 Extracurricular Sports Program 2022-23

Ecole Mother d' Youville School is pleased to offer developmental and competitive Grade 5/6 Sports programs. In addition to our fabulous Physical Education program, we wish to offer extracurricular development in a variety of sports. Tryouts will take place when numbers are high. This year we will have one team only per sport for tournaments and possibly one practice team. The extracurricular programs will be focused on developing skills, fair play, sportsmanship, and teamwork; while participating in a competitive environment. The fees are typically \$30 for each sport season and \$20 for jerseys. The jerseys are the same as last years' and the same jersey will be used for all of the sports. The fees cover bussing, team parties, equipment replacement and tournament fees. Practices may be held after school or during lunch hours depending on coach availability.

Parents are welcome to volunteer as Coaches for any of the Sports. Please contact andrea.medcke@starcatholic.ab.ca if you may be interested in helping coach or if you have any questions. Go Defenders!

The following extra-curricular sports programs will be offered this year:

Sports	Seasons <i>(Tryouts will be the first week of the season)</i>	Tournament Dates	Tournament Locations
Cross Country Run	<i>September 5 - 27</i> Coaches: Mr. Proudfoot, Mrs. Leanne	Sept 27th <i>Grades 4-9</i>	Peace Hills Park Wetaskiwin
Catch Volleyball Boys/Girls	<i>September 12 - October 29</i> Coaches: Ms. Salisbury, Ms. MacDonald, Mr. Rubis	Boys: Oct 21/22 Girls: Oct 28/29	Father Leduc
Basketball Boys/Girls	<i>October 31- Dec 17</i> Coaches: Ms. Salisbury, Ms. Nelsen, Mr. Rubis	Girls: December 9/10 Boys: Dec 16/17	St Ben's Leduc
Badminton Grade 5 and 6 teams	<i>Jan 9 - Feb 25</i> Coaches: Mr. Rubis, Mrs. Medcke	Grade 5: Feb 17/18 Grade 6: Feb 24/25	Notre Dame Leduc
Floor Hockey Boys/Girls	<i>March 6 - April 29</i> Coaches: Mrs. MacDonald, Mrs. Nelsen, Mr. Rubis	Girls: Apr 21/22 Boys: Apr 28/29	MDY
Outdoor Soccer 8v8 CoEd	<i>May 1 - June 3</i> Coaches: Mr. Rubis, Mrs. Medcke	June 2/3	William Lede Park Leduc
TENTATIVE Track and Day Divisional Day	<i>May - June 15</i> Coaches: Phys. Ed Teachers	June 15th Alternate: June 16th	Ponoka?