



ÉCOLE MOTHER D'YOUVILLE SCHOOL
5330 Rue Parc Beaumont, AB T4X 1W4 Phone: 780.929.0792



Nov. 6-Nov. 10
Encounter God: Goodness

Important Notes:

- **JOIN US 11:00am Mass for Catholic Education Sunday**
- **Remembrance Day Celebration:** Please join us for our Remembrance Day Celebration on Thursday, Nov. 9th at 10:30am. Students in Gr. 5 & 9
- **Parent Teacher Interviews:** Please sign up for Parent Teacher interviews via our [MDY website](#). Our dates for the Fall PTI's are Nov. 7th and Nov 8th- 4pm-7pm.
- **Sewing 9 Sales for Catholic Social Services:** Monday, there will be a craft sale during both lunch recesses. Cash only. You can buy items from 1\$ to 8\$. All items made by sewing 9 students. All proceeds go towards Catholic Social services.



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Schedule:

Monday, November 6th, Day 5 WC 2

- Senior Girls Volleyball Practice 7:30am
- Sewing 9 Craft Sale for Catholic Social Services
- Senior Boys Volleyball Practice 3:15pm-4:30pm

Tuesday, November 7th, Day 6 WC 3

- Parent Teacher Interviews 4pm-7pm

Wednesday, November 8th, Day 1 WC 4

- Senior Girls Volleyball Practice 7:30am
- Parent Teacher Interviews 4pm-7pm

Thursday, November 9th, Day 2 WC 1

- Junior Boys Volleyball 7:30am-8:30am
- Senior Girls Volleyball Game HOME vs Maskwacis Cree Jr High
- Senior Boys Volleyball BYE WEEK

Friday, November 10th, Day 3 Win Choice

- Senior Boys Volleyball Practice 3:15pm-4:30pm
- Fall Break- **November 11th-November 19th**. First student day back Monday, November 20th.

More community information below....



FSLW CORNER

November 2, 2023



Intertwining social and emotional learning and academics advances the ability of our students to adapt to change with the essential skills to effectively manage new challenges.



Did you know that our district has specific goals in regards to supporting students in their journey and ensuring all are successful learners.

Board Priority and Goal #3

A focus on student mental health and well-being. Outcome: When we support student mental health, we support student success. Students in a state of emotional, behavioural, and social well-being, are able to learn, build resilience, and thrive.

KNOW THE FACTS

Myth: Mental health is *the same* as mental illness.

Mental health refers to one's general state of psychological and emotional well-being. It exists on a continuum and can fluctuate based on many factors. It is an important aspect of one's overall well-being.

Mental illness is diagnosed by a qualified health-care professional and often involves a combination of changes in emotions, moods, or behaviours associated with distress, and/or impaired daily functioning.

SOCIAL EMOTIONAL GROUPS- FRIDAY FOCUS

At Mother D'Youville school a variety of social-emotional groups are run throughout the year based on our findings from the Student Needs Survey and expressed needs from staff to meet student need.

In partnership with our Settlement In Schools colleagues we will be facilitating a group called **Be Real, Be Me**. Strategies and navigation skills are offered within a cultural lens to better understand:

- Causes & consequences of low body confidence and self-esteem.
- How to identify their personal strengths, values, and goals.
- Developing skills to respond to appearance pressures and increase their self-esteem.
- Build awareness about different identities, experiences, and perspectives of others.
- How to create positive changes for themselves and others in their communities

Be Real, Be Me was developed by a collaboration of Plan International Canada, Unilever, body image content experts, and Taylor Newberry Consulting. Be Real, Be Me received funding from Unilever and Women and Gender Equality (WAGE) Canada.

KickStand: <https://mykickstand.ca/>

Created to better serve the wellness needs of young Albertans. Focused on building integrated youth services- a single place where professionals can work together to support young people (12-25 years old) through a variety of connected services.

"Supporting young people to have more good days."

QR CODE TO ACCESS FSLW

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Link to
[Social Emotional Literacy Site](#)



SCAN ME

Dear students, we invite you to be part of our program of Rite of Christian Initiation for Children.

This is an opportunity to learn about God, grow in faith and receive the sacraments of Baptism, First Communion and Confirmation. If you are 7 to 15 years of age, we welcome you to our church and we would love to help you prepare for the sacraments and meet Jesus, our dear friend and saviour.

Please contact Lourdes Villanueva Tejada at luluvt83@gmail.com, call at 780 9946117 and or by text. We will have a meeting and registration on Monday November 6th, 2023, at 7 pm at the church.

Your RCIC team at Saint Vital Parish:

Teresa Joe Jacob Lourdes

With the blessing of our Reverend Father Les Drewicki and Deacon Dan Ritchie.



May God bless you!

Grace Newsletter:

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