



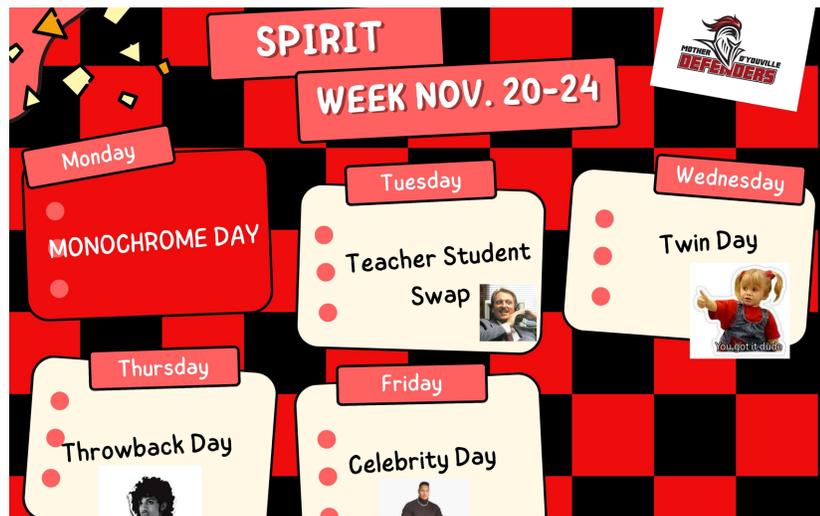
ÉCOLE MOTHER D'YOUVILLE SCHOOL
5330 Rue Parc Beaumont, AB T4X 1W4 Phone: 780.929.0792

Nov. 20-Nov. 24
Encounter God: Goodness



Important Notes:

- **Spirit Week:** Check out the fun festivities planned by student council:
- **CAT 5 Testing:** Our School District has been selected by the Canadian Test Centre (CTC) to participate in the pilot testing of language and mathematics based assessments that will be used across Canada.



be

The purpose of this pilot test is to collect the most recent national data on student academic performance in K-12. This data collection is essential for later providing Canadian educators with useful information (such as national and regional norms and grade-specific performance benchmarks). Each testing session would be between 15 and 70 minutes for all **gr. 7-9 students**. Since these assessments are still in the pilot testing phase and we are helping to create the testing norms, we are unable to provide students with any accommodations (i.e. extra time, reader etc.). This assessment will not count toward your child's grade, rather will better inform our teaching practices by identifying your child's areas of strength and growth. Your child's assessment results will be reported to their respective numeracy, literacy, mathematics and language arts teachers. All data from students at our school are owned by our school, and all staff are committed to strict protocols for maintaining confidentiality and keeping data secure. We are excited to have the opportunity to help our students continue to succeed in their learning. If you have any questions please contact Mr. Robinson



[Skip to the FSLW Corner](#)
[Skip to Community News](#)

Schedule:

Monday, November 20th, Day 4 WC 2

- Senior Girls Volleyball Practice 7:30am
- Senior Boys Volleyball Practice 3:15pm-4:30pm
- Elementary Boys Basketball Tryout (1st cut has been posted...specific players know to attend)
 - 3:15pm-5:30pm with Mrs. Medcke

Tuesday, November 21st, Day 5 WC 3

- Senior Girls Playoff Volleyball Game @ Caledonia (Leduc)
- Senior Boys Playoff Volleyball Game @ Sacred Heart (Wetaskiwin)
- Junior Boys Playoff Volleyball Game TBA
- Junior Girls Playoff Volleyball Game TBA
- Gr. 5 Girls Basketball Practice 3:15pm-4:30pm
- School Council Meeting 7pm (Rm 211-by the chapel upstairs)



Wednesday, November 22nd, Day 6 WC 4

- Senior Girls Volleyball Practice 7:30am

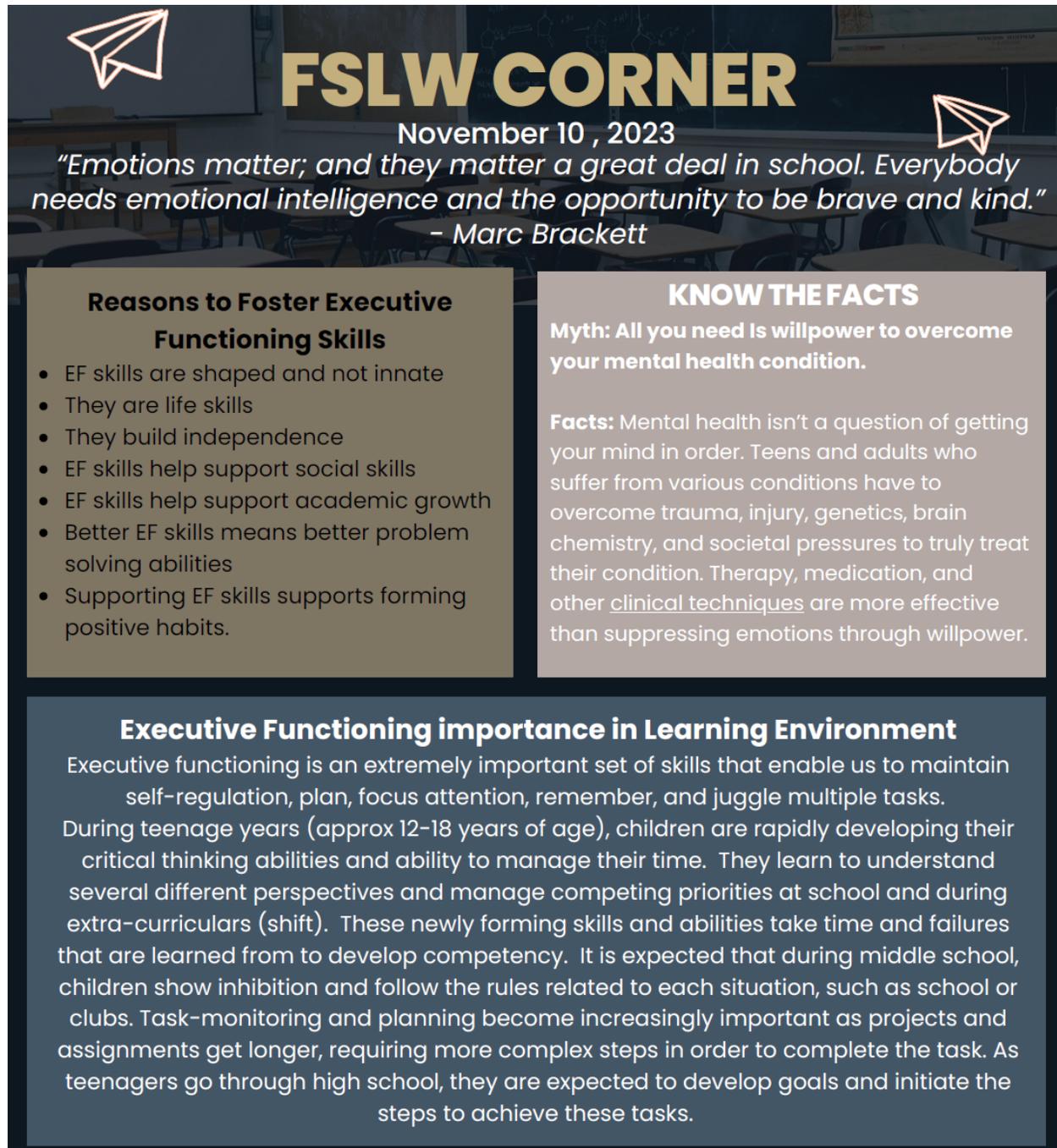
Thursday, November 23rd, Day 1 WC 1

- Immunizations for those students that have signed up and were missed previously
- Junior Boys Volleyball Playoff Tournament @ JE Lapointe. Competitions times may vary as semis, finals, and 3rd place will all be played.
- Gr. 5 Girls Basketball Practice 3:15pm-4:30pm

Friday, November 24th, Day 2 WC2

- Senior Boys Volleyball Practice 3:15pm-4:30pm

More community information below....



FSLW CORNER
November 10 , 2023

"Emotions matter; and they matter a great deal in school. Everybody needs emotional intelligence and the opportunity to be brave and kind."
- Marc Brackett

Reasons to Foster Executive Functioning Skills

- EF skills are shaped and not innate
- They are life skills
- They build independence
- EF skills help support social skills
- EF skills help support academic growth
- Better EF skills means better problem solving abilities
- Supporting EF skills supports forming positive habits.

KNOW THE FACTS

Myth: All you need is willpower to overcome your mental health condition.

Facts: Mental health isn't a question of getting your mind in order. Teens and adults who suffer from various conditions have to overcome trauma, injury, genetics, brain chemistry, and societal pressures to truly treat their condition. Therapy, medication, and other clinical techniques are more effective than suppressing emotions through willpower.

Executive Functioning importance in Learning Environment

Executive functioning is an extremely important set of skills that enable us to maintain self-regulation, plan, focus attention, remember, and juggle multiple tasks. During teenage years (approx 12-18 years of age), children are rapidly developing their critical thinking abilities and ability to manage their time. They learn to understand several different perspectives and manage competing priorities at school and during extra-curriculars (shift). These newly forming skills and abilities take time and failures that are learned from to develop competency. It is expected that during middle school, children show inhibition and follow the rules related to each situation, such as school or clubs. Task-monitoring and planning become increasingly important as projects and assignments get longer, requiring more complex steps in order to complete the task. As teenagers go through high school, they are expected to develop goals and initiate the steps to achieve these tasks.

