



ÉCOLE MOTHER D'YOUVILLE SCHOOL  
5330 Rue Parc Beaumont, AB T4X 1W4 Phone: 780.929.0792



**Dec. 4th-Dec. 8th**  
*Encounter God: Goodness*

## Important Notes:

- **Advent Begins:** Beginning the Church's liturgical year, Advent (from, "ad-venire" in Latin or "to come to") is the season encompassing the four Sundays (and weekdays) leading up to the celebration of Christmas. The Advent season is a time of preparation that directs our hearts and minds to Christ's second coming at the end of time and to the anniversary of Our Lord's birth on Christmas. From the earliest days of the Church, people have been fascinated by Jesus' promise to come back. But the scripture readings during Advent tell us not to waste our time with predictions. Advent is not about speculation. Our Advent readings call us to be alert and ready, not weighted down and distracted by the cares of this world (Lk 21:34-36). Like Lent, the liturgical color for Advent is purple since both are seasons that prepare us for great feast days. Advent also includes an element of penance in the sense of preparing, quieting, and disciplining our hearts for the full joy of Christmas. Add Advent explanation.



- Christmas Movie Event by Student Council (NOTE CHANGED TO THURSDAY DECEMBER 14th):



- **Advent Retreat Form:** All students are welcome to attend our annual Advent Retreat on the evening of December 7th. We will need parent permission to attend. Please fill out [this form](#) to register your child.

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## Schedule:

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### Monday, December 4th PD Day No School

- Professional Development Day No School

### Tuesday, December 5th, Day 2 WC 3

- Junior High Gr. 8 & 9 Boys Basketball 7:30am-8:30am
- Defenders Rec: Virtual Golf (Aurora). Bring 1-2 golf clubs if you have them. Rentals will be provided if needed.
- Grade 5/6 Girls Basketball Game AWAY vs St. Ben's, Leduc.
- Christmas Sweater Tuesdays- Earn points for your house by wearing a Christmas Sweater.



### Wednesday, December 6th, Day 3 Win Choice

- Junior High Grade 8/9 Girls Basketball 7:30am-8:30am
- Gr .5/6 Boys Basketball Practice 3:15pm-4:30pm

### Thursday, December 7th, Day 4 WC 1

- Junior High Grade 7/8 Boys Basketball 7:30am-8:30am
- Defenders Rec: Virtual Golf (Aurora). Bring 1-2 golf clubs if you have them. Rentals will be provided if needed.
- Gr .5/6 Girls Basketball Practice 3:15pm-4:30pm
- Advent Retreat 3:30pm-7:30pm. To sign up please complete google form sent via School Messenger. All grade levels are welcome.

### Friday, December 8th PD Day No School

- Grade 5/6 Elementary Boys Basketball Tournament @ MDY



# More community information below....

[Grace Newsletter December 2023](#)



## FSLW CORNER

December 1, 2023

*"When students can feel a sense of belonging, they feel as though they can make a difference in their world."*  
-Adrienne Henck

### The Win/Win Guidelines for Working Out Conflicts

1. Cool off.
2. Talk it over starting from "I," not "you."
3. Listen and say back what you heard.
4. Take responsibility for your role in the conflict.
5. Come up with a solution that's fair
6. Affirm, forgive, thank, or apologize.

### Rules for Using the Win/Win Guidelines

1. Treat each other with respect
2. Attack the problem, not the person.
3. No interrupting. No negative body language
4. Be willing to compromise.
5. Tell the truth.

### KNOW THE FACTS

**Myth: Bad mental health is hereditary and is passed down to children.**

**Facts:** Many factors contribute to the development of a mental health condition, including life experiences (such as trauma or a history of abuse), biological factors, and family history of mental illness. In actuality, Mental Illness can affect people of any age, race, religion, or income.

### What is the Difference?!?

Conflict, Rude, Mean and Bullying

Grade 5 and 6 are currently learning about peer relationships and how to handle situations of conflict or situations that require a trusted adult's help in resolving.

**Conflict** can be described as a situation where both people have caused harm and both people are hurt (We see this when the Flames fans and Oilers fan try to settle who is the best team!) . **Rudeness** is something spontaneous and unplanned, it is often based in anger and the persons intent is not to hurt- and there is often regret experienced (We see this on the playground when someone cuts the line). **Mean** behavior is not an accident and is often intended to hurt the other person- however it only happens sporadically. **Bullying** happens when a person is intentionally trying to hurt a targeted individual. It occurs repeatedly with a power imbalance. The targeted individual does not partake in the behavior.

### How to help your child if they're struggling with peer interactions

1. Put any of your own negative feelings aside.
2. Listen to your child. While you're asking questions, try not to be judgmental. You're just getting information you need to move forward.
3. Ask what they need- give them a voice and their power back. Involve them in the solution.
4. Speak to the adults- it is important to us that your child feels safe at school. Collaborate with the staff to problem solve.

### QR CODE TO ACCESS FSLW

[arlie.bouchard@starcatholic.ab.ca](mailto:arlie.bouchard@starcatholic.ab.ca)  
(780) 929-0792

Link to [Social Emotional Literacy Site](#)



SCAN ME



