



ÉCOLE MOTHER D'YOUVILLE SCHOOL
5330 Rue Parc Beaumont, AB T4X 1W4 Phone: 780.929.0792



Dec. 18th-Dec. 22nd
Encounter God: Goodness

Important Notes:

- **Holiday Countdown Spirit Week:** Earn points for your houses!
 - Monday-Crazy Christmas Hair
 - Tuesday- Ugly sweater day
 - Wednesday- Christmas character day
 - Thursday- Christmas socks/hat day
 - Friday- Pajama Day!



- **Defenders Rec Sledge Hockey Reminders for Next Week:** Wear warm, closed toe shoes; bring mittens or hockey gloves; students are strongly encouraged to bring their own hockey helmet if possible .

Schedule:

Monday, December 18th Day 4 WC 2

- Christmas Hair Day
- Defenders Rec: Sledge Hockey
- Junior Girls Basketball @Champs 3:30pm
- Junior Boys Basketball @ Champs 5:00pm (or end of the girl's game)

Tuesday, December 19th, Day 5 WC 3

- Junior Girls Basketball Practice 7:30am
- Ugly Sweater Day
- School Council Meeting 7pm (rm 211 upstairs by the chapel)

Wednesday, December 20th, Day 6 WC 4

- Senior Girls Basketball Practice 7:30am-8:30am
- Defenders Rec: Sledge Hockey
- Christmas Character Day
- Junior Girls Practice 3:15pm-4:45pm

Thursday, December 21st, Day 1 WC 1

- Junior Boys Basketball Practice 7:30am-8:30am
- Christmas Socks/Hat Day

Friday, December 22nd Day 2 WC 2

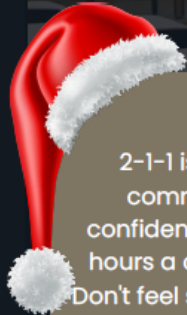
- Pajama Day
- Last Day Before Christmas Break- **Students are back Monday, January 8th**

Community Information:

FSLW CORNER

December 15, 2023

Lessons From a Christmas Tree: *Be a light in the Darkness. Bring joy and share your gifts with others. Understand we all fall down sometimes and its okay to sparkle whenever possible- even if your garland is a bit droopy!*



2-1-1

2-1-1 is here to help you find the right community and social services. It is confidential, multilingual, and available 24 hours a day across many parts of Alberta. Don't feel stuck this holiday season. Call 2-1-1 today to get connected with the resources you need to get ahead.

KNOW THE FACTS

Myth: People who struggle with mental health struggle to function in day-to-day life.

Facts:

This could be true in some cases but people can continue to go to school, see their friends, do their work. Mental health issues aren't always obvious. If we become aware they are finding things hard, we should encourage them to talk to someone and prevent the issues from getting any worse.

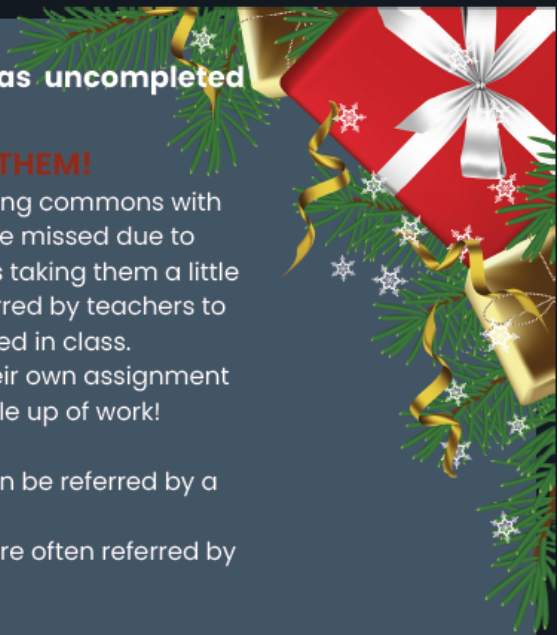
Is your student missing assignments or has uncompleted work?

CATCH UP CLUB IS THERE FOR THEM!

Students can voluntarily spend time in the learning commons with Mrs. Bouchard to complete work that they have missed due to illness/travel or just catch up on something that is taking them a little longer than the class. Students can also be referred by teachers to complete work that is not being completed in class. This helps students learn the skills to manage their own assignment completion and avoids overwhelm with a pile up of work!

Jr. High 12:05- 12:25: Before their lunch students can be referred by a teacher/ self refer

Elementary 12:25-12:45: After their lunch students are often referred by teacher.



Serving Second Breakfast

Earns house points, Strengthens Social-Emotional Skills, Exposes Students To New Environments, Teaches Students to value Their Community and collaborate!

QR CODE TO ACCESS FSLW

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Link to
[Social Emotional Literacy Site](#)



SCAN ME

