
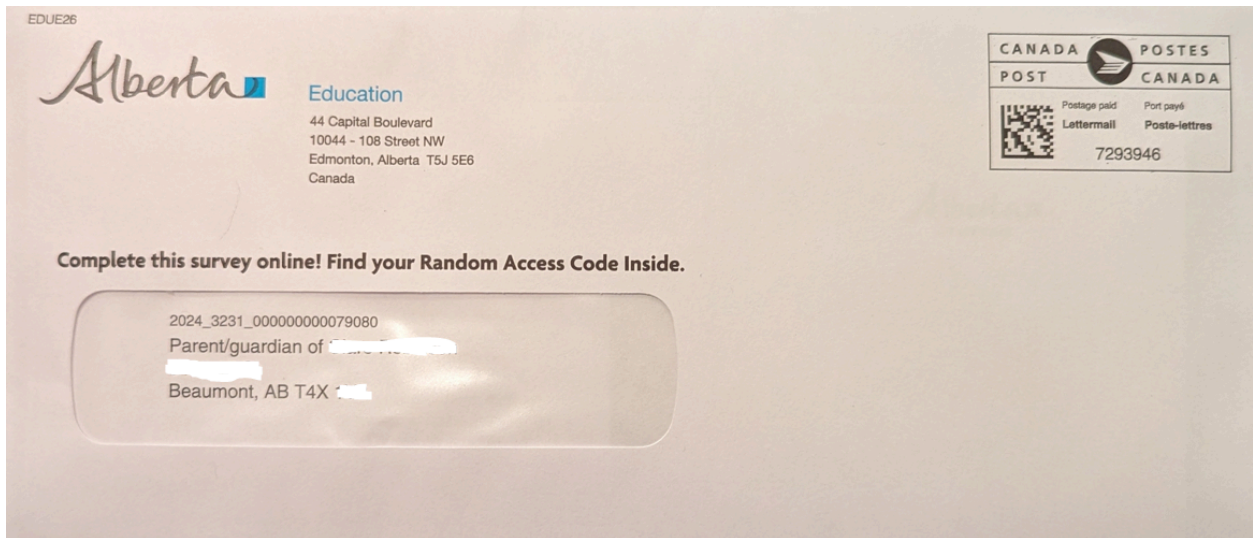
	<p><b>ÉCOLE MOTHER D'YOUVILLE SCHOOL</b>          5330 Rue Parc Beaumont, AB T4X 1W4 Phone: 780.929.0792</p> <p><b>Jan 29th-Feb. 2nd</b>  <i>Encounter God: Goodness</i></p>	
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## Important Notes:

- **Alberta Survey ALERT (Grade 7 Parents):** Grade 7 parents, please watch for a letter from Alberta Education with an online survey code and instructions. These surveys are important, giving MDY valuable data to create and develop our yearly education plans. Please watch for a letter (as seen above) in the upcoming weeks.
- **Boston Pizza Fundraiser: (SEE POSTER BELOW)** MDY Fundraising Society has partnered with Boston Pizza for their Operation Education Fundraiser Rebate Program. From Jan 1 to June 30, 2024, visit your local Northern Alberta Boston Pizza and help your school earn 5% cash back of the pre-tax total of your receipt. We ask that you save your original receipts and bring them to school. There is a blue collection box located in the main foyer. If you have any questions please email [mdyschoolcouncil@starcatholic.ab.ca](mailto:mdyschoolcouncil@starcatholic.ab.ca)
- **School Cash Reminder:** Please ensure you are visiting school cash regularly as invoices are added throughout the school year based on your child's programming.
- **Music Opportunity for Students:** In collaboration with St. Andre and Mrs. H, MDY students have an opportunity to sing at specific St. Vital masses. If your child is interested in participating and would like to know the schedule for singing, please reach out to Mrs. deWaal for more information.

- **FUNDrive with MDY Fundraising Society:**  
Please support the 23/24 MDY School Council fundraiser. Why wait until spring break to declutter? Check out our dates and see if we can take your old stuff off your hands. We kindly ask that you sort the items as requested. This will help us with transport and tallies. Collections days are planned for the same days as the parent/teacher interviews. We hope to see you there. Check out the [link](#) for more information.



## Schedule:

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### Monday, January 29nd, Day 6 WC 1

- Senior Girls Basketball Practice 7:30am-8:30am
- Senior Boys Basketball 3:10 pm-4:30 pm
- NO DEFENDERS REC...moved to tomorrow

### Tuesday, January 30th, Day 1 WC 2

- Junior Girls Basketball Practice 7:30am-8:30am
- Junior Boys Basketball Game (HOME) vs Pigeon Lake 4:00pm
- Junior Girls Basketball Game (@ Fr.Leduc)
- Defenders Rec Last Date for Junior High (Activate)

### Wednesday, January 31st

- No School PD Day

### Thursday, February 1st, Day 2 WC 3

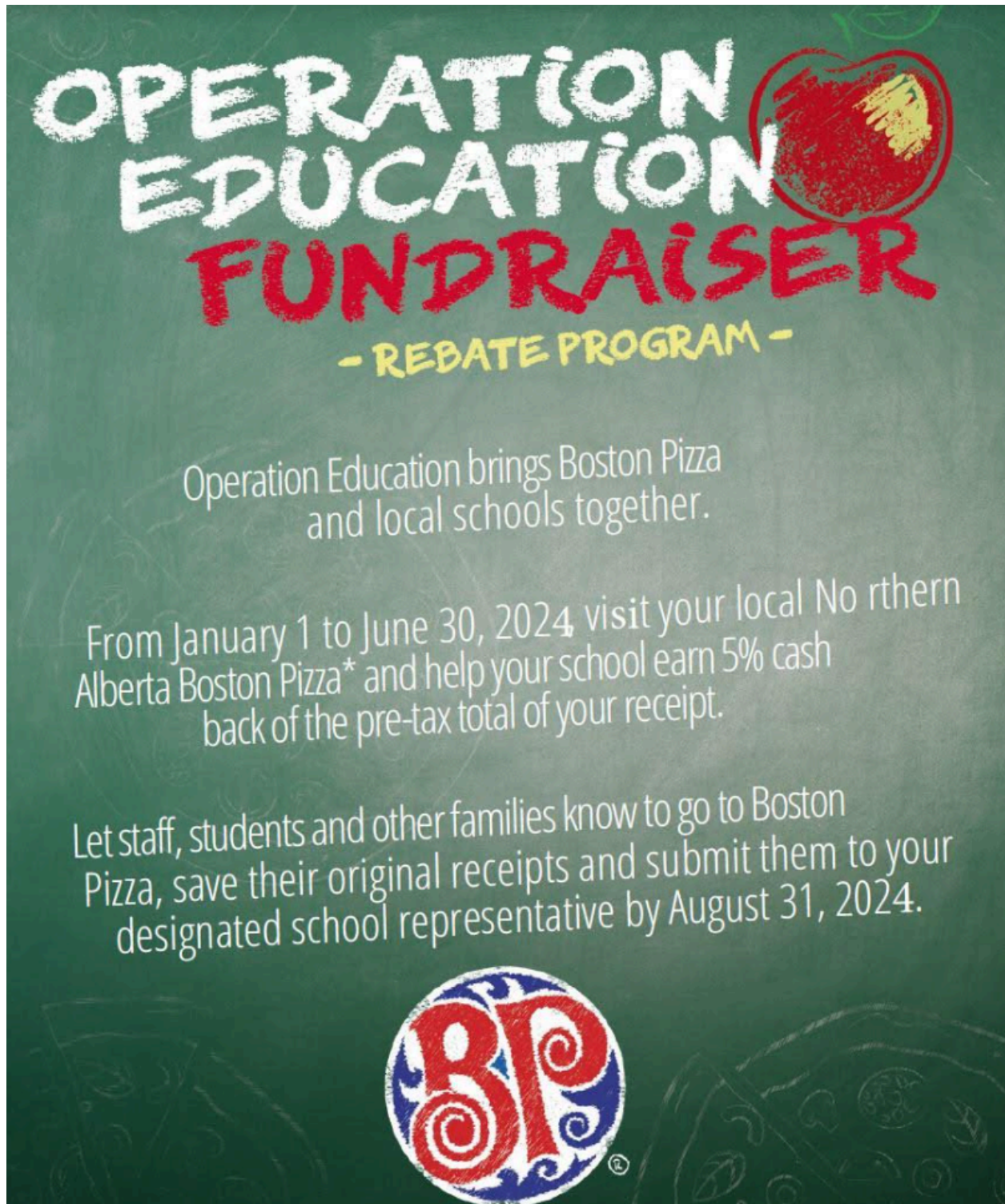
- Junior Boys Basketball Practice 7:30am-8:30am
- Defenders Rec Elementary (FIRST SESSION) Prime Taekwondo 1:00pm-2:00pm
- MDY ESports Rocket League Scrimmage 3:15 pm vs Wichita Falls HS (Kansas, USA)

- Senior Boys Basketball @ HOME Riverview
- Senior Girls Basketball @ HOME Riverview

## Friday, February 2nd, Day 3 WinChoice

- Senior Boys Basketball Practice 7:30am-8:30am

### Community Information:




**OPERATION  
EDUCATION  
FUNDRAISER**  
- REBATE PROGRAM -

Operation Education brings Boston Pizza  
and local schools together.

From January 1 to June 30, 2024, visit your local Northern  
Alberta Boston Pizza\* and help your school earn 5% cash  
back of the pre-tax total of your receipt.

Let staff, students and other families know to go to Boston  
Pizza, save their original receipts and submit them to your  
designated school representative by August 31, 2024.

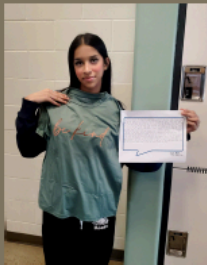


# FSLW CORNER

January 26, 2024

We, as a culture, have not fully acknowledged how much help is needed. The only real shame is on us for not being willing to speak openly. For continuing to deny that mental health is related to our overall health. We need to start talking, and we need to start now.

– OPRAH WINFREY



After viewing the staff slideshow on how they support their mental wellness MDY students were asked to fill out "Let's Talk Bubbles" with strategies they use or sayings to better Mental Wellness.

## KNOW THE FACTS

**Myth:** Kids have it way better than we did at their age.

**Fact:** 64% of teens reported feeling the world is more stressful now than when parents were their age. (Poll conducted by the National Institute on Mental Illness)

## 5 WAYS TO END MENTAL HEALTH STIGMA

Did you know up to 1 in 5 children experience a mental health disorder and half don't receive the treatment they need? Together, we can support children and stop the negative stigma around mental health.



Educate yourself and your children about mental health



Share real-life examples of people with mental health disorders



Explain mental health has a range of symptoms



Listen to and support others with mental health concerns



Share stories of overcoming mental health disorders

children'shealth?



SCAN ME

QR CODE TO ACCESS A SAFE CONFIDENTIAL SPACE IF YOU ARE STRUGGLING TO NAVIGATE A SITUATION AT SCHOOL

**YOUNGMINDS**  
fighting for young people's mental health

Visit Young Minds to access many resources in supporting and parenting teen mental health

[www.youngminds.org.uk](http://www.youngminds.org.uk)



**FUNDrive® Coordinator**

Susan Stuckey  
(587) 340-3449  
sstuckey27@gmail.com

**Our Goal:** \$1500

375 Large Yard Bags (avg. 20 lbs.)  
113 Medium boxes (household goods)

**Fundraiser Dates:**

03/14/2024 - 03/19/2024

**Community Collection Days**

**March 14** 04:00 PM - 07:00 PM  
Mother d'Youville  
5330 Rue Parc  
Beaumont, AB T4X 0H1

**March 19** 04:00 PM - 07:00 PM  
Mother d'Youville  
5330 Rue Parc  
Beaumont, AB T4X 0H1

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## Clean out your closets for Mother d'Youville Fundraising Society !

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Please support the 23/24 MDY School Council fundraiser. Why wait until spring break to declutter? Check out our dates and see if we can take your old stuff off your hands. We kindly ask that you sort the items as requested. This will help us with transport and tallies. Collections days are planned for the same days as the parent/teacher interviews. We hope to see you there.

### We Are Collecting

#### Clothes

men's, women's, & children's clothes, coats, shoes, scarves, handbags, wallets, fashion accessories, belts, backpacks, etc.

#### Household Textiles

bedding, comforters, blankets, sheets, towels, linen, tablecloths, curtains, pillows, etc.

#### Small Household Goods

kitchen items (such as pots/pans, dishes, silverware, glasses, serving pieces and hand-held appliances), home decorative items, knick-knacks, toys, games, and small electronics

#### Books

paperback, hard cover - all genres  
*\*no encyclopedias or text books*

Please use bags for clothes and textiles and tightly pack boxes of small household goods. Separate books from household goods and media. All items must be clean and in sellable condition.



*FUNDrive® is an eco-friendly fundraiser for nonprofit organizations. Collect gently-used items in your community and FUNDrive® will buy them.*

Visit <https://FUNDrive.savers.com> to learn more.





Scan here for information on our Girls Program

**FREE**

**COME TRY IT**

# **GIRLS BASEBALL**

**BRING A FRIEND!**

**HOSTED BY:  
BEAUMONT MINOR BASEBALL  
ASSOCIATION**

**INDOOR SHOES REQUIRED  
BRING A GLOVE / BAT/  
HELMET IF YOU CAN!**

**SATURDAY, MARCH 9**

11:30 am - 2 pm

**SUNDAY, MARCH 17**

4 pm - 5:30 pm

**LOCATION**

BEAUMONT SPORT & RECREATION CENTRE

**REGISTER AT: [FEMALDIRECTOR@BEAUMONTMINORBALL.COM](mailto:FEMALDIRECTOR@BEAUMONTMINORBALL.COM)**

