



ÉCOLE MOTHER D'YOUVILLE SCHOOL

5330 Rue Parc Beaumont, AB T4X 1W4 Phone: 780.929.0792



May 20-24

Encounter God: Goodness

Important Notes:

- **Support MDY and our MDY Fundraising Society through Papa John's:** May 18th and 19th this week use the MDY15 online order code at Papa John's to get 15% of net orders to MDY fundraising society.
- **MDY Paint Night This Thursday May 23rd:** Thank you to all families that signed up for our 3rd annual paint night put on by MDY School Council. Registration is now closed. The event will start at 6pm this Thursday.
- **MDY Grade 5 Heritage Fair:** Please consider attending our 5th annual Heritage Fair on May 31st.
- **Boston Pizza MDY Fundraiser:** Don't forget to save any receipts from visits to Boston Pizza. We have a BP's box at the main office. All receipts from Beaumont's BP's gives 5% to our MDY Fundraising society.
- **MDY Basketball Team Wrap up Stingers Game UPDATED LINK:** If your child played basketball on any of our teams in Junior High, please consider signing up for our basketball wrap up party at an Edmonton Stingers Game. [Click the link to sign up](#)



PIZZA NIGHT!
15% OFF
 Regular Price Orders
 and **15% BACK** to the
 School's Fundraising Society!

PAPA JOHN'S



**OPERATION
 EDUCATION
 FUNDRAISER**
 - REBATE PROGRAM -



The 5th Annual
 MOTHER D'YOUVILLE **Grade 5** MOTHER D'YOUVILLE
Heritage Fair
 Friday, May 31st
 1pm-3pm
 MDY School Gym

Schedule:

Monday, May 20th

- Victoria Day No School

Tuesday, May 21st, Day 1, WC3

- Gr. 5/6 Soccer Game vs St. Ben's
- School Council Meeting 7pm

Wednesday, May 22nd, Day 2 W4

- Defenders Rec: Soccer @ Fieldhouse Beaumont
- Soccer 5/6 Practice @ Lunch
- Gr. 4 ASAA Visit at MDY
- Gr. 5 Orientation 2024-2025 Evening 6pm-7:30pm


Thursday, May 23rd, Day 3 WChoice

- Soccer Competitive JH Game @ Fr. Leduc
- Soccer Rec JH Game vs Riverview
- MDY Paint Night (Ticket sales now closed) 6pm-8pm

Friday, May 24th Day 4 WC 1

- Defenders Rec: Soccer @ MDY Field
- Grade 6 Field Trip Reynolds Museum (Wetaskiwin, AB)

Community News (See below)



EDMONTON TENNIS COMMUNITY

**A GAME FOR EVERY AGE,
TENNIS IS ALL THE RAGE!**

TENNISfest 2024

ABOUT US

In April of this year, Edmonton Junior Tennis Society (EJTS) and Tennis Edmonton Association (TEA) formally merged operations and became **Edmonton Tennis Community (ETC)**! Dedicated to promoting an active lifestyle for people of all ages and all communities, ETC is a non-profit that serves as Edmonton's premier destination for all your recreational tennis needs. **Edmonton Tennis Community is a place where every swing is a step towards building a healthier, happier community.**

Who is it for?

Everyone! TENNISfest is a **FREE** event that is for all ages, whether you are 3 or 83!

When?

Saturday, June 22, 2024 from 11 am - 2 pm

Where?

Edmonton Expo Centre

How much will it cost?

FREE! All you need to do is register for the event, but there is no cost associated to the event.

What is TENNISfest?


TENNISfest 2024 is a **FREE**, large-scale TryTennis event. Interested in trying tennis, or learning more about how and where to play as we move into summer? This is the perfect event for everyone and anyone to try tennis!

This event offers all ages from 3 to 83+ the opportunity to get active and have fun playing tennis in a comfortable, weather-protected indoor space. Volunteers and members of the regional tennis community will also be in attendance to help you celebrate the arrival of summer and the outdoor tennis season.

REGISTER NOW!

Kids and Adults ages 3-83 can register at:

<https://clubspark.ca/TENNISfest2024/Register>



Contact Us

www.edmontonjuniortennis.com P.O. Box 67007 | T5R 5Y3
780-938-2136 execdir@edmontonjuniortennis.com

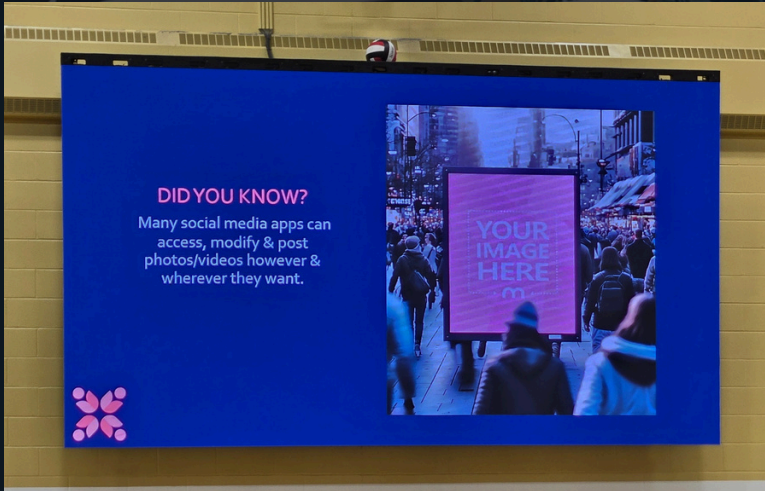


FSLW CORNER



May 17/2024

"If you are on social media, and you are not learning, not laughing, not being inspired or not networking, then you are using it wrong." – Germany Kent



KNOW THE FACTS

Myth: Social Media Use Directly Causes Depression

Facts: When we look at research and listen to experts, the truth about social media and depression is more complex. Studies have shown that while social media can affect how we feel, it does not cause depression all by itself.

Saffron Center Internet Safety and Social Media Presentation

We would like to thank our presenters who spent Most of Thursday with our grade 5 and 6 and 7,8,9 students presenting about digital citizenship, social media safety (Identifying trusted adults and strangers), digital footprints, Privacy and more. We will be providing a follow-up handout to parents to provide ideas for conversation starters and questions you can ask your students.



Common Sense Media rates movies, TV shows, podcasts, books, and more so families can feel good about the entertainment choices they make for their kids. We offer the largest, most trusted library of independent age-based ratings and reviews. Our timely parenting advice supports families as they navigate the challenges and possibilities of raising kids in the digital age.

www.commonsensemedia.org

Supporting Your Child

Alongside a SAFFRON Centre Presentation

Your child's class will be receiving a presentation from the **Saffron Centre's Public Education Department** on Internet Safety. The presentation, entitled "**The Basics: Internet Safety**", teaches students about the importance of integrity and responsibility when using the internet. The following concepts are covered:

- Who are "trusted adults" in our lives and how do they help us stay safe online?
- Risks and available safety features of many popular websites and apps including YouTube, Snapchat Instagram, TikTok, and gaming sites.
- Brief discussion of online scams and what students can watch out for.
- Cyberbullying and the negative effects it can have on us.
- How do we practice empathy when understanding the negative impacts of cyberbullying on others?
- An interactive quiz designed for students to complete in smaller groups to allow for discussion, or as a larger group with the facilitation of the presenter. The interactive multiple-choice quiz is designed to recap all topics previously discussed and highlight their real-world implications.

Before the Presentation

You may wish to discuss this content with your child in advance of Saffron's presentation. Here are some tips for talking about Internet safety with young children:

- **Set aside time to get involved** in your child's online activity. Ask them about what apps and games they are using and how they have their privacy and location settings set.
- **Maintain open communication** with your child about what they can do if they run into something online that makes them uncomfortable.
- **Set clear expectations and boundaries** about which behaviours are appropriate and inappropriate online and the rules you expect them to follow. Consider talking to them about how you plan to supervise their online activity to ensure their safety.
- **Don't be afraid to intervene.** If you suspect that something is wrong, or your child may not be safe online, do not hesitate to take the necessary steps to keep them safe.

After the Presentation

To make the Saffron presentation as effective as possible, continue the conversation with your family regularly. Ask your child what they learned and have them explain their understanding of online boundaries and safe internet use to you. Have them teach you about the apps and games they enjoy and use this as an opportunity to gauge their safety.

Additional Resources

Saffron Centre Ltd.

- Specialized sexual violence counselling and reporting/criminal justice support.
Phone: 780-449-0900
Email: info@saffroncentre.com

Alberta's One Line for Sexual Violence (Call or Text): 1-866-403-8000

Edmonton Distress Line (Phone Line): 780-482-4357

Need Help Now

- Remove Sexual Pictures/Videos from the Internet: www.needhelpnow.ca

Cyber Tip

- Report Online Exploitation and Non-Consensual Photos Shared: www.cybertip.ca

Supporting Your Child

Alongside a SAFFRON Centre Presentation

Your child's class will be receiving a presentation from the **Saffron Centre's Public Education Department** on Internet Safety. The presentation entitled "**Internet Safety Essentials: Privacy, Autonomy, and Boundary-Setting**" teaches students ways they can keep themselves safe online. The following concepts are covered:

- Defining and differentiating between online privacy, autonomy, and security.
- Discussions on digital footprints, what they are, and how they affect us both online and in real life.
- Looking at specific social media apps, their privacy and location settings, and best practices for safe internet use.
- Awareness and caution when communicating with strangers online.
- The use of chatrooms and their potential dangers.
- Cyberbullying, the negative and possible legal consequences, and steps to take for both victims and bystanders.
- Sexting and the legal implications of this activity, specifically surrounding non-consensual taking and sharing of intimate images.
- How to protect yourself online, including protecting your privacy, autonomy, and security.

Before the Presentation

You may wish to discuss this content with your child in advance of Saffron's presentation. Here are some tips for talking about internet safety with your teen:

- **Consider setting clear expectations and boundaries around internet use as a family**, including what behaviors are appropriate and inappropriate and what rules you expect your children to follow, as well as how devices will be supervised.
- **Setting aside tech-free time.** Spending time with family free from the use of technology can create opportunities for meaningful conversations to take place.
- **Show curiosity and allow your children to teach you** about the apps and games they are using most often. Explore privacy and location settings together.
- **Discuss the differences between friends and strangers**, especially in the online world. Many children understand not to speak to strangers in-person, but still accept friend requests from people they don't know online.

After the Presentation

To make Saffron's presentation as effective as possible, consider continuing the conversation with your family regularly. You can ask your child what they learned, and you can have them teach you about the apps and games they enjoy and what privacy and security settings they have on their devices.

Resources

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